

<u>Adult and Child CPR</u> 1 Years Old +	How to Check	Corrective Actions
1. Check Responsiveness	<b>SCENE SAFETY!</b> Shake and tap the person. If he/she does not respond...	Call 911 or other local emergency number.
2. Check Breathing	Open the Airway (Head Tilt/ Chin Lift). Look, listen and feel for breaths. If not breathing...	Attempt 2 breaths. If they do not go in, re-adjust the head and try again. If they go in proceed to step 3. If they still do not go in, follow choking steps.
3. Begin CPR	If the breaths go in but the patient is not breathing on his/her own...	Perform 30 chest compressions and 2 breaths. Compress the chest 1 ½ - 2 inches <b>(adult)</b> 1 – 1 ½ inches <b>(child)</b> . After 5 cycles, repeat steps 2 and 3.

If an AED is available, apply it as soon as you determine the patient is not breathing and the airway is clear (allowing air to pass).

1-7 years old use “Pediatric” Pads  
8+ years old use “Adult” pads

If only “Adult” pads are available, they can be used on a child 1-7 years old. One pad goes on the front and one on the back of the patient.

**An AED should not used on infants from 0 – 1 year old.**

Continue these steps until help arrives or the patient begins to breathe on his/her own.